

LEADING THE NEXT GENERATIONS
HEALTHY RELATIONSHIPS CURRICULUM

TRAINING OF TRAINERS

AUGUST 14 - 16, 2012

BILLINGS HOTEL & CONVENTION CENTER

BILLINGS, MT



NATIVE WELLNESS
Institute

HEALTHY RELATIONSHIPS TRAINING OF TRAINERS

The Leading the Next Generations Healthy Relationships Curriculum is an innovative tool founded in Native culture and teachings. The Native Wellness Institute developed it specifically for Native couples, people, and communities.

Healthy couples raise healthy children who will, in turn, rebuild the foundation for healthier Native communities. The Healthy Relationships Curriculum and training combines the teachings of our Native ancestors with the realities of today's world. Using the curriculum can lead to balance of the mind, body, and spirit by creating and strengthening healthier relationships with partners, families, and communities.

The Native Wellness Institute's focus on culturally-based healthy relationship education and promotion makes the Healthy Relationships Curriculum the leader in Indian Country. Imagine tribal communities supporting positive, healthy relationships and having access to information, role models, mentors, training and resources to build healthier relationships and families. This is the goal of the Leading the Next Generations Healthy Relationships Curriculum.

TRAINING TOPICS

- ◇ **Introduction:** Healthy relationships and Native wellness
- ◇ **Historical Trauma, Healing & Wellness:** Growing beyond multi-generational impacts of historical trauma
- ◇ **Healthy Gender Roles:** Recognizing the strengths in gender differences
- ◇ **Healthy Conflict Resolution:** Practicing healthy ways to resolve conflict in relationships
- ◇ **Healthy Communication:** Improving current communication skills
- ◇ **Creating Healthy Relationships:** Bringing two people closer together as a couple
- ◇ **Healthy Sexuality:** Discovering healthy intimacy
- ◇ **Living in Balance:** Creating the relationship you want

DAILY TRAINING SCHEDULE

8:30am Registration
9:00am - 5:00pm Training

TRAINING FEE

Early Bird Registration Fee: \$495
After Tuesday, July 31, 2012: \$595

Registration Fee Includes:

- ◇ Three days of training
- ◇ Certification
- ◇ Trainer's manual and participant's manual
- ◇ Complete curriculum kit, including curriculum, games, handouts, tote bag, and more!
- ◇ Graduation luncheon

MEET THE TRAINER



Theda New Breast (Blackfeet)

Theda is a founding board member of the Native Wellness Institute. She is one of the pioneers in the Native training field in addition to being one of the original committee members for the Men's and Women's Wellness gatherings. Theda has more than 25 years of professional experience in providing healing and training workshops centered on alcohol and other drug use prevention. She served as President of the National Organization on Fetal Alcohol Syndrome from 1990-1995. Theda completed an appointment as an expert consultant to Dr. Nelba Chavez for the Substance Abuse and Mental Health Services Administration in 1999 and was presented with the Hammer Award by Vice President Albert Gore for increasing government efficiency and for her success in providing assistance to the Tribes. Theda is the founder and lead writer of the Gathering of Native Americans (GONA) curriculum.

REGISTRATION INFORMATION

Early Bird Registration Fee: \$495

To qualify for the early bird registration fee of \$495, payment or purchase orders must be postmarked or received by Tuesday, July 31, 2012. Registrations received after Tuesday, July 31, 2012 and on-site registration fees will be \$595. Purchase orders must be pre-approved. Please visit our website for other payment options.

Cancellation Policy:

Refunds, less a \$75 administration fee, will be made if written cancellation notice is postmarked on or before Tuesday, August 7, 2012. Prepaid registrants who are unable to attend may send a replacement at no additional charge.

Please provide us with the name of the replacement before the training.

No refunds after Tuesday, August 7, 2012.

HOTEL INFORMATION

Billings Hotel & Convention Center
1223 Mullooney Lane
Billings, MT 59101
Reservations: 1.800.537.7286
Phone: 406.248.7151
Fax: 406.259.5338
Email: billingshotel@bresnan.net
www.billingshotel.net

Billings Hotel and Convention Center is a full service, newly renovated facility with 235 rooms and suites. They offer an on site restaurant, lounge and casino. In addition, they offer a large indoor swimming pool with two amusement style waterslides, hot tub, laundry and valet facilities. They have a complimentary airport shuttle.

Leading the Next Generations Healthy Relationships Training of Trainers Registration Form

First Name: _____ Last Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Job Title: _____ Employer: _____
Phone: _____ Fax: _____ Email: _____
Tribal Affiliation: _____

Early Bird Registration Fee: \$495

Includes training sessions, morning and afternoon breaks, wellness activities, and training materials.

To qualify for the early-bird registration fee, payment or purchase orders must be postmarked or received by Tuesday, July 31, 2012. Registrations received after Tuesday, July 31, 2012 and on-site registration fees will be \$595. Purchase orders must be pre-approved. Please visit our website for other payment options.

Please register me for the Leading the Next Generations Healthy Relationships Training of Trainers :

- Enclosed is a check, money order or purchase order for \$495.
- I will pay \$495 by Visa or Mastercard (circle one)
- I missed the Tuesday, July 31, 2012 deadline. Enclosed is a check for \$595.

If paying by credit card, please fill out the following information:

Cardholders name: _____ Phone: _____
Billing address: _____ City: _____ State: _____ Zip: _____
Credit card number: _____ Expiration Date: _____
Security code: _____ Signature: _____

3 Easy Ways to Register:

1. By fax
2. By mail
3. Online at www.NativeWellness.com

If registering by fax, please include copy of check or purchase order. Checks must be received by Tuesday, July 31, 2012 to qualify for early bird registration fee.

Send Registration & Payment to:

Native Wellness Institute
2830 SE Cleveland Drive
Gresham, OR 97080
Fax: 503-669-8339

For More Information:

Jillene Joseph
Executive Director
503-666-7669
jillene@nativewellness.com



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