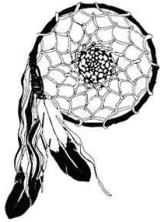


Announcing a workshop for Parents, Foster/Adoptive Parents, Teachers, Juvenile Probation Workers, Group Home or Shelter Home Workers, Parent Trainers, Substance Abuse Workers or anyone that works with Native American Youth and Families

“Walking the Four Directions” – A Traditional View of Discipline



Join us April 30th – May 2nd, 2012 for a 2 ½ day workshop on using the medicine wheel to develop strength-based techniques when working with tribal youth.

Using the “medicine wheel” as a framework, participants will learn:

- A traditional view of discipline
- How to build positive relationships with youth
- Proactive means of teaching or working with youth
- How to promote balanced youth with strong leadership skills
- How to move youth towards independence and self-reliance



April 30th – May 2nd 2012 at Harrah’s Convention Center, Reno Nevada

Cost: \$300 per person (travel, room and board, meals not included)



A closer look.....

Using the “Laws of Nature” and an inter-relational view of the world, this workshop explores how the four cardinal directions or “medicine wheel” can be used as a framework that adults can use to help them define a style of parenting, discipline or leadership that is strength-based, non-confrontational and culturally responsive.

This workshop will use a variety of techniques and methods such as lecture, small and large group activities, role-playing and demonstrations to deliver the information in a way that is conducive to the adult style of learning. Ample breaks will be provided throughout the day for meals and time to “check-in” at home.

Day 1 *Monday April 30th*

In the morning, participants will be introduced to the concepts of the “Four Directions” (Medicine Wheel) and some attributes of elders which sets the stage for the rest of the workshop. Teachings of the medicine wheel will be described as it applies to working in the human services field and participants will have an opportunity to do a self-assessment.

The afternoon will be spent looking at the “Spiritual Gifts” of the East and the “Emotional Gifts” of the South. Participants will learn prevention strategies through storytelling and “Teachings of the Cradleboard” and explore a method of praise that is effective with children.

Day 2 *Tuesday May 1st*

The day will be spent exploring the “physical gifts” of the west and “mental gifts” of the north. Participants will learn how to help youth reach their “full-potential” through practice and how problem-solving can help youth achieve wisdom. Other topics covered include effective use of consequences and rewards and effective communication techniques when working with youth.

Day 3 *Wednesday May 2nd*

This last half-day of the workshop will be spent helping participants “put it all together” in the form of a positive behavioral intervention plan. Time will also be committed to answering any other questions and completing a Workshop Evaluation. The workshop will end approximately around lunch time.

Lodging, Meals and Transportation.....

Lodging, meals and transportation are the responsibility of the individual participant. Harrah’s Reservation Number is located below along with a couple alternative hotels within walking distance to the workshop. Harrah’s Resort (and others) provides free shuttle service to and from Reno International Airport throughout the day. Breakfast, lunch and dinner are “on your own” and evenings are free for participants to enjoy some local entertainment and sight-seeing.

Harrah’s Hotel/Convention Center (Around \$60 per night)
219 North Center Street
Reno, Nevada 89501
(888) 726-6311

Eldorado Hotel Casino (Around \$60 per night)
345 North Virginia Street
Reno, Nevada 89501
(800) 879-8879

Silver Legacy Hotel Casino (Around \$100 per night)
407 North Virginia Street
Reno, Nevada 89501
(800) 687-8733

Additional questions...

Contact: Alan Rabideau (906) 495-7158
jawenodee_inini@yahoo.com
Or Shannon Crossbear
scrossbear@centurytel.net

REGISTRATION FORM

Name _____

Position/Title _____

Organization _____

Mailing Address _____

City, State, Zip _____

Phone _____

E-mail _____

Registration confirmation will be sent to this email address

Please make check or money order (\$300.00) payable to: Alan Rabideau

Please mail to:

Four Directions
c/o Alan Rabideau
112 Kincheloe Drive
Kincheloe Michigan 49788

Register prior to April 1st and pay only \$275.00 for the workshop!

If you need to pay by credit card, please email Alan Rabideau.

jawenodee_inini@yahoo.com



Meet the presenters..... Alan "Jawenodee-Inini" Rabideau is a member of the Sault Ste. Marie Tribe of Chippewa Indians located in the beautiful Upper Peninsula of Michigan. For the past 22 years, Alan has been working with youth, parents and their families in many different capacities. He has served as a school-based intervention specialist, adolescent substance abuse counselor, program manager of a residential based youth treatment program and a specialized or treatment foster parent. Mr. Rabideau has provided training to court ordered parents, foster parents and treatment foster care parents, teachers and human services professionals. Currently Mr. Rabideau works as an independent consultant providing training and technical assistance to state, federal and tribal programs around children's mental health initiatives, consumer, family and youth "driven" systems of care and positive behavioral support. Mr. Rabideau serves on the Board of Directors for the First Nations Behavioral Health Association and Human Services Research Institute in Cambridge Massachusetts. Mr. Rabideau utilizes his cultural values and beliefs as an Anishinabe to help plan and advise programs so that they are culturally sensitive and "strength-based". He has three grown foster sons.



Shannon CrossBear is a beautiful, powerful, spiritual Ojibwe /Irish woman whose purpose is to demonstrate and promote gentle healing. She expresses her commitment to healing through her work in the world. As an Independent Consultant for Strongheart Resource development she has offered training and technical assistance to the National Federation of Families for Children's Mental Health, facilitating and consulting with the National Indian Child Welfare Association, Georgetown University, The Garret Lee Smith Suicide Prevention Programs, The National Child Traumatic Stress Networks and the Aboriginal Healing Strategy. Health issues within Ms. CrossBear's family of origin and community cement her commitment to improving conditions for children. As a survivor of a child who completed a suicide, her sensitivities to the needs of families are paramount in her work. Moving policy to practice through the use of evaluation, research and performance measurement that accurately reflects the voices of families and communities is a part of her personal and professional mission. Ms. CrossBear is a current member of the Executive Committee of First Nations Behavioral Health Association, the Society of TRUTH and the National Family Dialog on Substance Abuse.

