

Methamphetamine & Suicide Prevention Initiative (MSPI)

Brown Bag Series

The Indian Health Service (IHS) Division of Behavioral Health will be hosting a series of “brown bag” webinars in the upcoming months. The purpose of the “brown bag” series is to provide an informal meeting space for discussion and interaction on a variety of topics relating to preventing and treating methamphetamine use and suicide in Indian Country. Please join us for the next webinar on:

I Hurt, So I Cut:

Understanding Self Injurious Behaviors among American Indian/Alaska Native Adolescents

Date: February 23, 2012

Time:

- Eastern Time: 3:00-4:30pm
- Central Time: 2:00-3:30pm
- Mountain Time: 1:00-2:30pm
- Pacific Time: 12:00-1:30pm
- Alaska Time: 11:00-12:30pm

To register for the meeting: <https://ihs-hhs.webex.com/ihs-hhs/k2/j.php?ED=166160152&UID=0&HMAC=08c1f98980cd4233058ea8611f7ba903091e9932&RT=MiM1>

Once you are approved by the host, you will receive a confirmation email with instructions for joining the session.

Audio Conference Information: 1-877-668-4490, Access code: 710 847 016

Description: Self Injury is a serious issue that has devastating effects on both individuals and communities. The act of Self-Injury is a complex behavior and symptom which typically refers to a variety of behaviors in which an individual intentionally inflicts harm to his or her own body. Some forms include: cutting, scratching, picking, pulling skin and hair, burning, and head banging. This presentation will examine the destructive behaviors of cutting and self-mutilation that affects adolescents. This presentation will allow participants to:

- Identify what self injury is and the mental health implications on adolescents;
- Understand the warning signs associated with self-injury;
- Explore the concepts of self-injury as an “addictive behavior pattern” and;
- Learn effective treatment strategies in working with adolescents who display self-injurious behaviors.

Presenter: Lori Medina, Licensed Clinical Social Worker (LCSW), Behavioral Health Clinician and Family Therapist, Cherokee Nation Jack Brown Center in Tahlequah, Oklahoma.

Lori has had extensive training in the areas of physical, mental, and sexual abuse, as well as self-mutilation and suicide. Lori was involved with a pilot program titled “Walking On,” designed for American Indian/Alaska Native Youth at the Jack Brown Center in collaboration with the University of Colorado Native American Studies Program. Lori is currently the Clinical Supervisor of a Reclaiming Futures Grant through the Cherokee Nation Healing to Wellness Court. Lori has made numerous presentations on the topics of working with American Indian/Alaska Native Youth and Families, abuse and neglect, self-mutilation, depression, anxiety and Attention Deficit Hyperactivity Disorder (ADHD) in young Children. Lori has served as a Practicum instructor for Oklahoma University since 2009. Lori obtained her undergraduate and graduate degrees from the University of Arkansas.