



Bridging the Gap:

“Evidence-Based Practice Mandates and
Traditional Cultural Practice”s

GOAL FOR TODAY: CONTINUE THE CONVERSATION ABOUT CULTURALLY BASED PREVENTION

- Increase capacity to successfully implement the SPF process with Native American populations and communities
- Improve understanding of cultural translations of evidence-based approaches to prevention
- Discussion of success stories in Indian Country using the SPF model
- Increase understanding of culturally based prevention and building an evidence base for prevention with Native populations

Presenter Information

Stevie S. Burden

- Over 30 years of experience in the Alcohol, Tobacco, and Other Drug Field
- Former Substance Abuse Prevention Program Supervisor and NPN for the States of Wyoming and Nevada
- Currently the Associate NPN for Nevada
- Wife to one, mother of two, grandmother to three, godmother to six, aunt to fifteen, and a proud grand-daughter of strong men and women from diverse backgrounds
- Former heroin addict with 36+ years of recovery
- Currently serving as the Mayor of Wheeler, Oregon



Basic Communication Across Cultures: Respecting the Differences

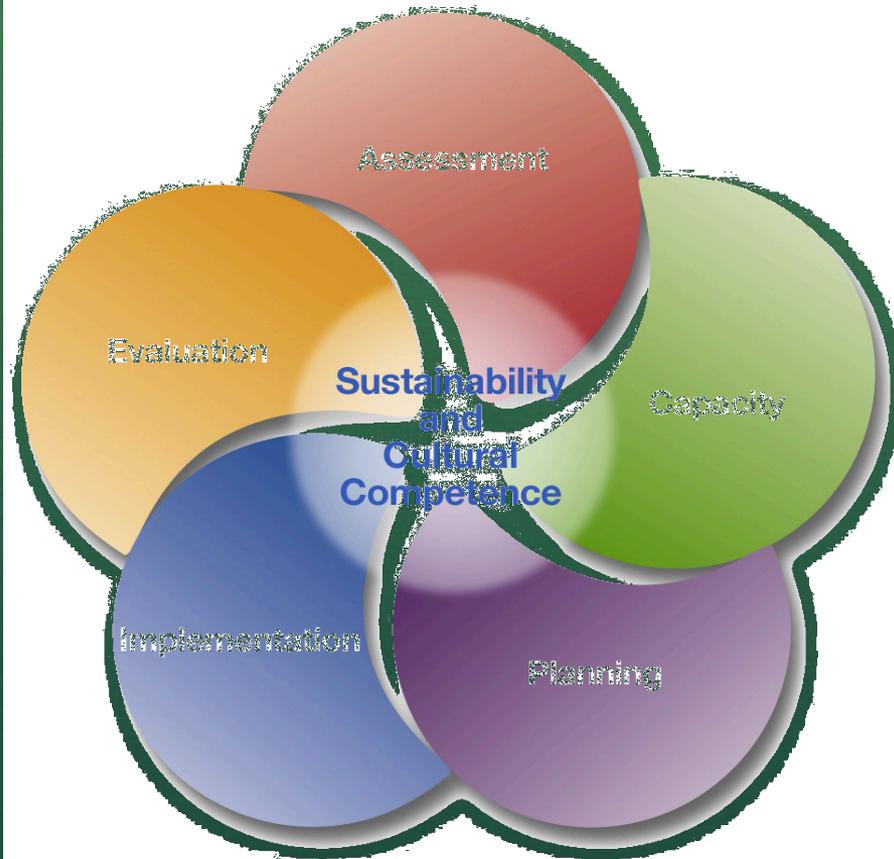
Traditional Western Communication Style

- Linear thinking – Get to the point
- Use individual measures of success
- Achievement and moving ahead from here
- Mandates handed down from authority

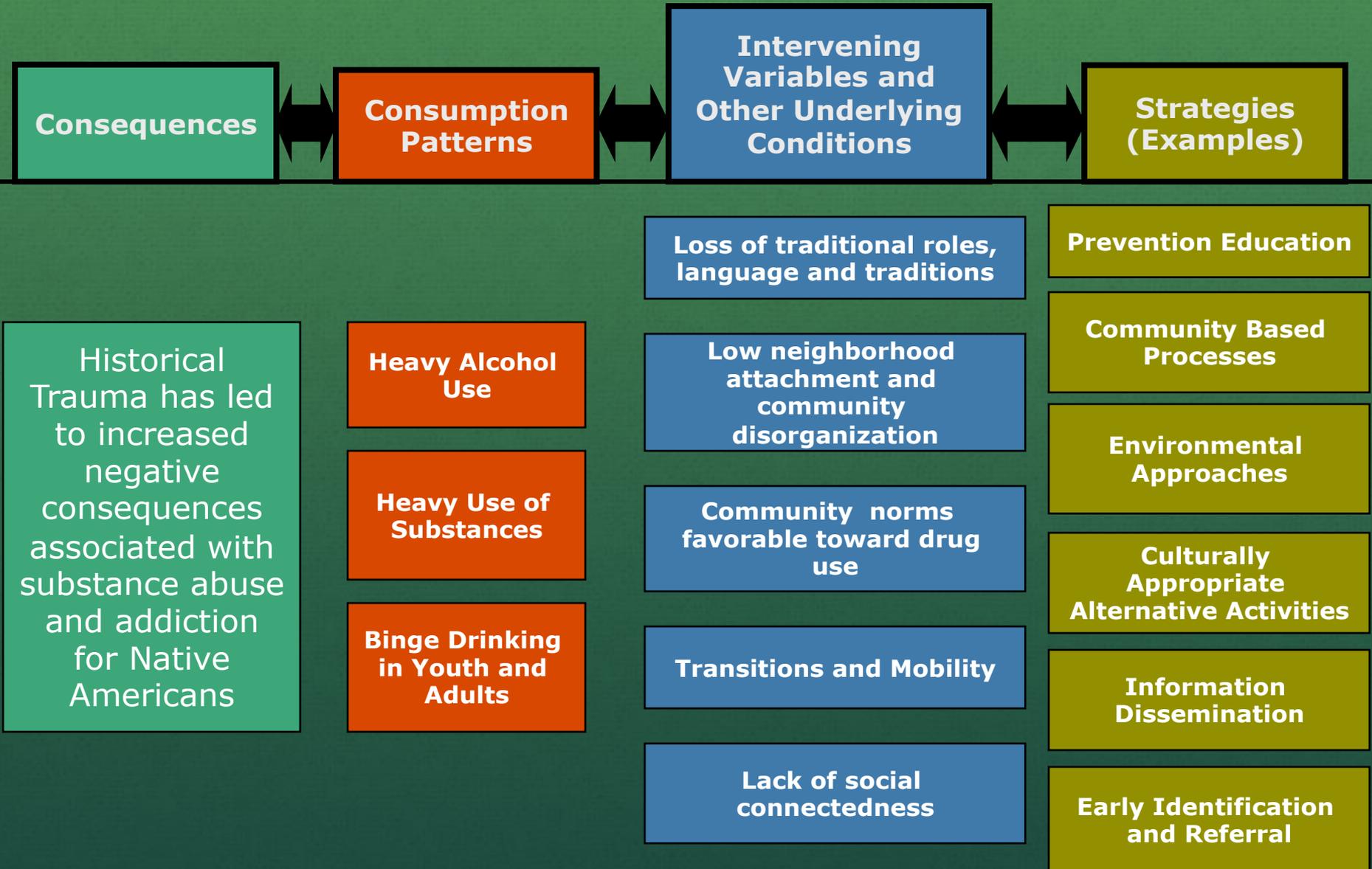
Traditional Native Communication Style

- What is the context?
- How does this effect the group?
- Seven generations forward *and* seven generations back
- How does this respect where we've been and where we're going

Strategic Prevention Framework



One SPF SIG Logic Model Example

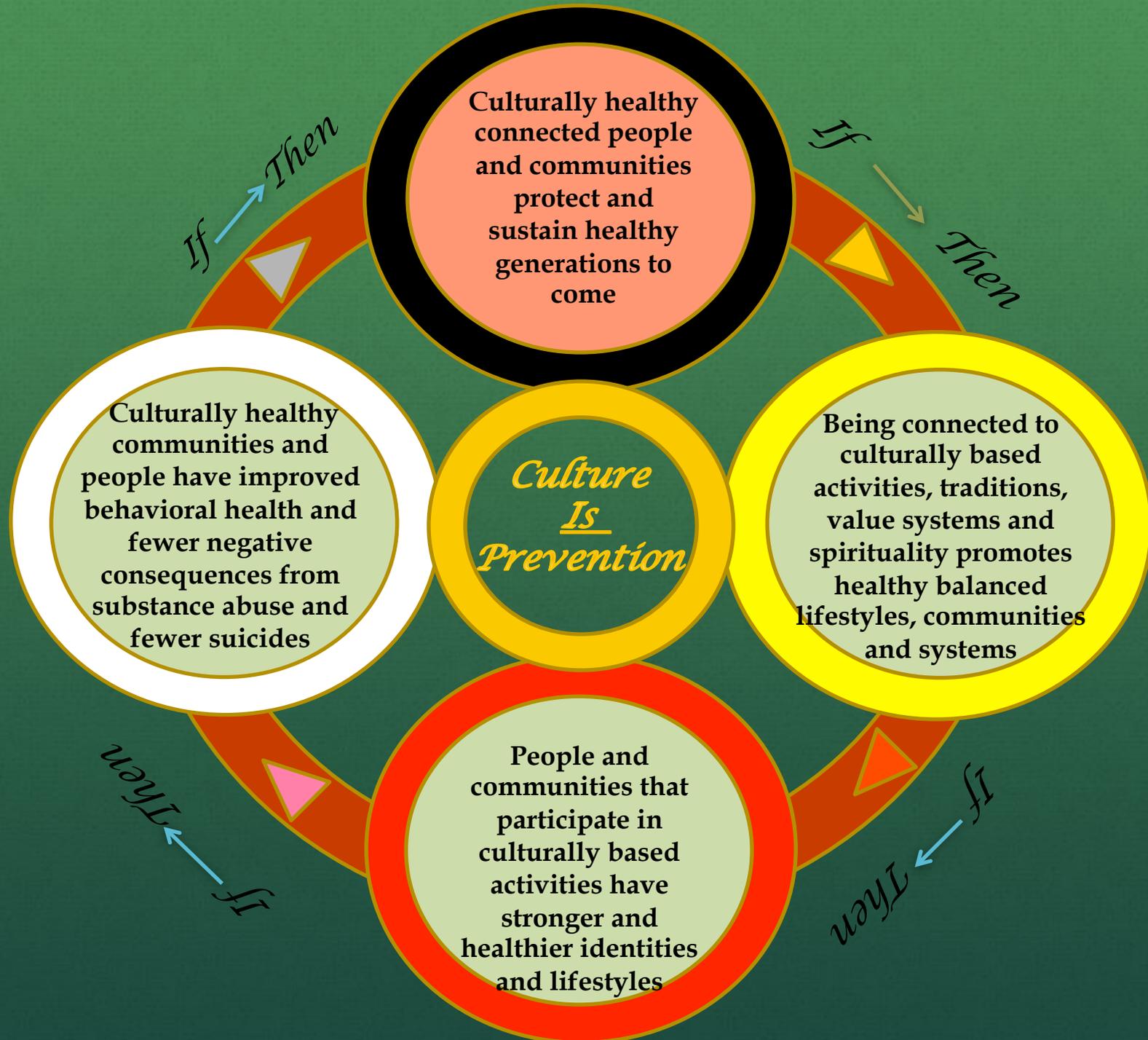


Strategic Prevention Framework

Lessons Learned About the State of Prevention in Indian Country

- The number of “Evidence-Based” prevention programs designed *specifically* for Native populations was (and is) extremely limited
- Most “Best-Practice” programs could not be easily or productively adapted for Native populations
- The capacity and infrastructure to develop, implement, and evaluate prevention interventions was (and is) limited
- There were (and are) barriers in translating between funders and culturally based programs
- There was (and is) a need for “Model Programs” and an “Evidence-Based” prevention interventions and approaches that are Native based and *culturally responsive*
- There is a lack of literature regarding effective prevention interventions from which to draw when designing Culturally Based Models
- What has been learned in Indian Country can potentially be applied to other populations and groups that are at high risk of substance abuse and other related behaviors
- **CULTURE IS PREVENTION**

*Culture is Prevention
Logic Model ala Stevie*



SPF SIG/TIG Results

- The SPF SIG was a major resource for the development of effective prevention planning and implementation in Indian Country nationally
- Translating from Federal and State language into culturally appropriate language and models has been supported by the SPF process
- Evidence-based effective prevention that is culturally responsive with Native Americans has evolved and grown as a direct result of the SPF SIG/TIGs

Immediate (Proximal) Outcomes (Walker and Bigelow)

- Restoring balance with the individuals life and the community
- Identifying and strengthening the connections of the individual to family, culture, community, natural world and spiritual world
- Establishing the identity of the individual and the community
- Creating meaning for individual and group life
- Creating a sense of power and hope
- Establishing self-esteem
- Fostering healthy community norms, adaptive capacity, (community competence)and sharing and mutual support (social capital)

Nevada's Statewide Native American Coalition (Cohort II SPF SIG)

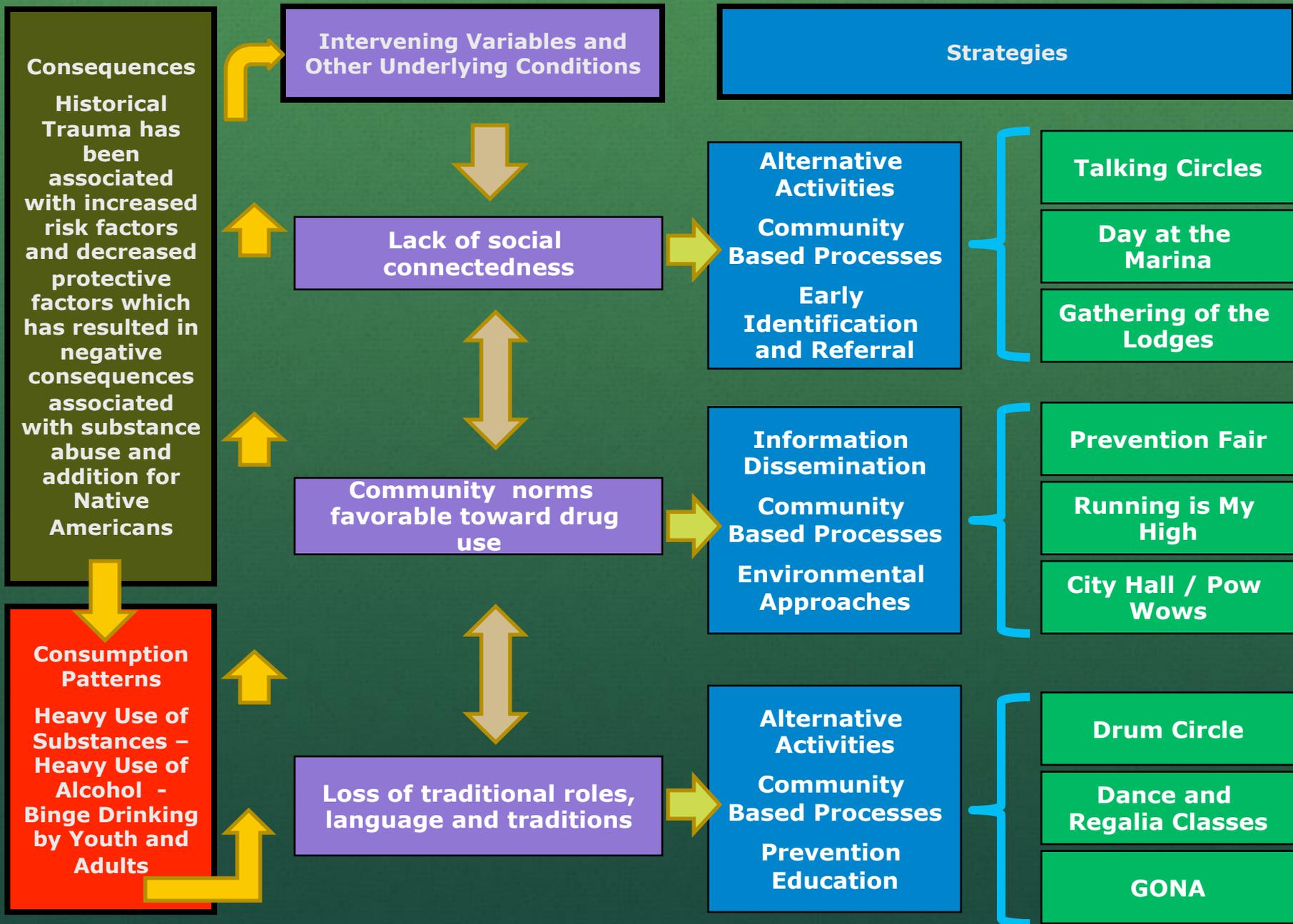
- Participated in significant data project statewide
 - 1350+ convenience surveys
 - 350+ randomized telephone surveys
- Chose to work on policies and environmental strategies (given a "notable practice" by CSAP site visit team)
 - Perception of low law enforcement
 - ✓ Inter-jurisdictional agreements
 - ✓ Nevada Chiefs and Sheriffs Association Membership
 - Myths about underage drinking and rights of passage
 - ✓ Videos
 - ✓ Billboards

Native American Health Center's One With All (OWA) SPF SIG

- NAHC lead a collaborative effort across five counties in Northern California
 - Indian Health Center of Santa Clara Valley
 - Friendship House Assoc. of American Indians
 - Sacramento Native American Health Center
 - Native American Health Center: Oakland and San Francisco sites



OWA Multiple Site – SPF SIG Logic Model Implementation



One With All Outcomes

- **First consistent, effective prevention infrastructure for urban Native Americans in Northern California.**
- **Implemented a successful substance abuse prevention strategy centered on “Culture as Prevention.”**
- **Established an evaluation methodology to measure the impact of this strategy.**
- **Developed a media center to produce video, photo, and various forms of social media to disseminate culturally appropriate prevention messages based on maximum participation of community members.**
- **Attained funding from California State Departments of Mental Health and Alcohol and Drug Programs to further the outcomes of OWA.**
- **Developed an ongoing statewide Policy Workgroup of AI/AN behavioral health experts for strategic planning, technical assistance, and input to government officials dedicated to reducing disparities for AI/ANs in California.**
- **Developed an Epidemiology workgroup of AI/ANs and other public health officials to coordinate information exchange, correct misinformation, and improve collection of behavioral health data on urban AI/ANs in California.**

One With All Outcomes

- Between exit and follow up (6 months) there was a 66% reduction in the number of drinking days
- Binge Drinking for those reporting four or more drinks there was a 50% reduction and those reporting five or more there was a 73% reduction
- The biggest reductions were noted between exit and follow up

Limitations of OWA

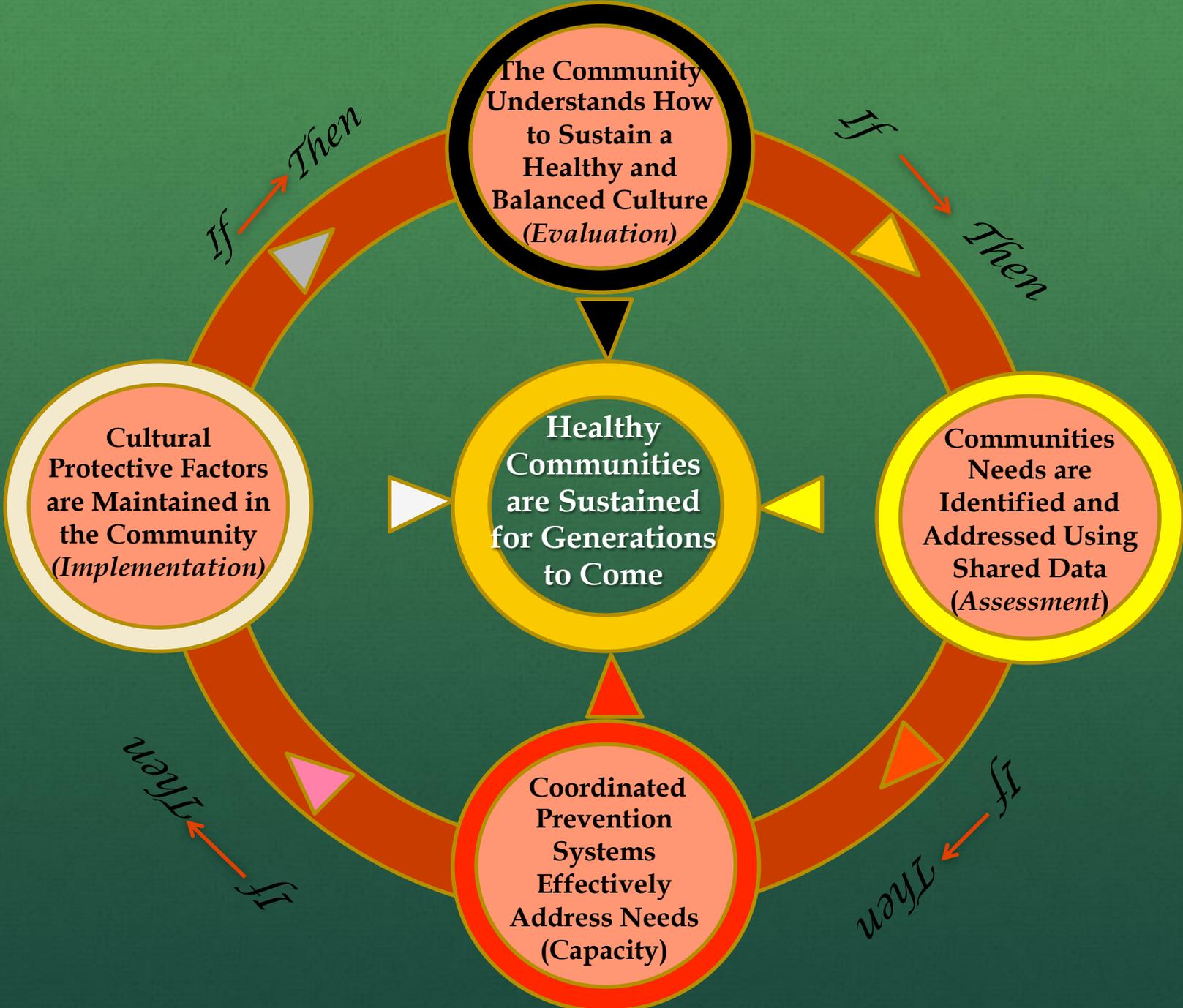
- All data was self-reported
- Relatively small sample size
- Incomplete surveys
- PLI: dose for individual or OWA was measureable, but overall exposure to prevention events was not measured
- No way to distinguish between who filled out CO and PLI

Great Lakes Inter-Tribal Council Strategic Prevention Enhancement Grant Strategic Plan Assessment Objectives

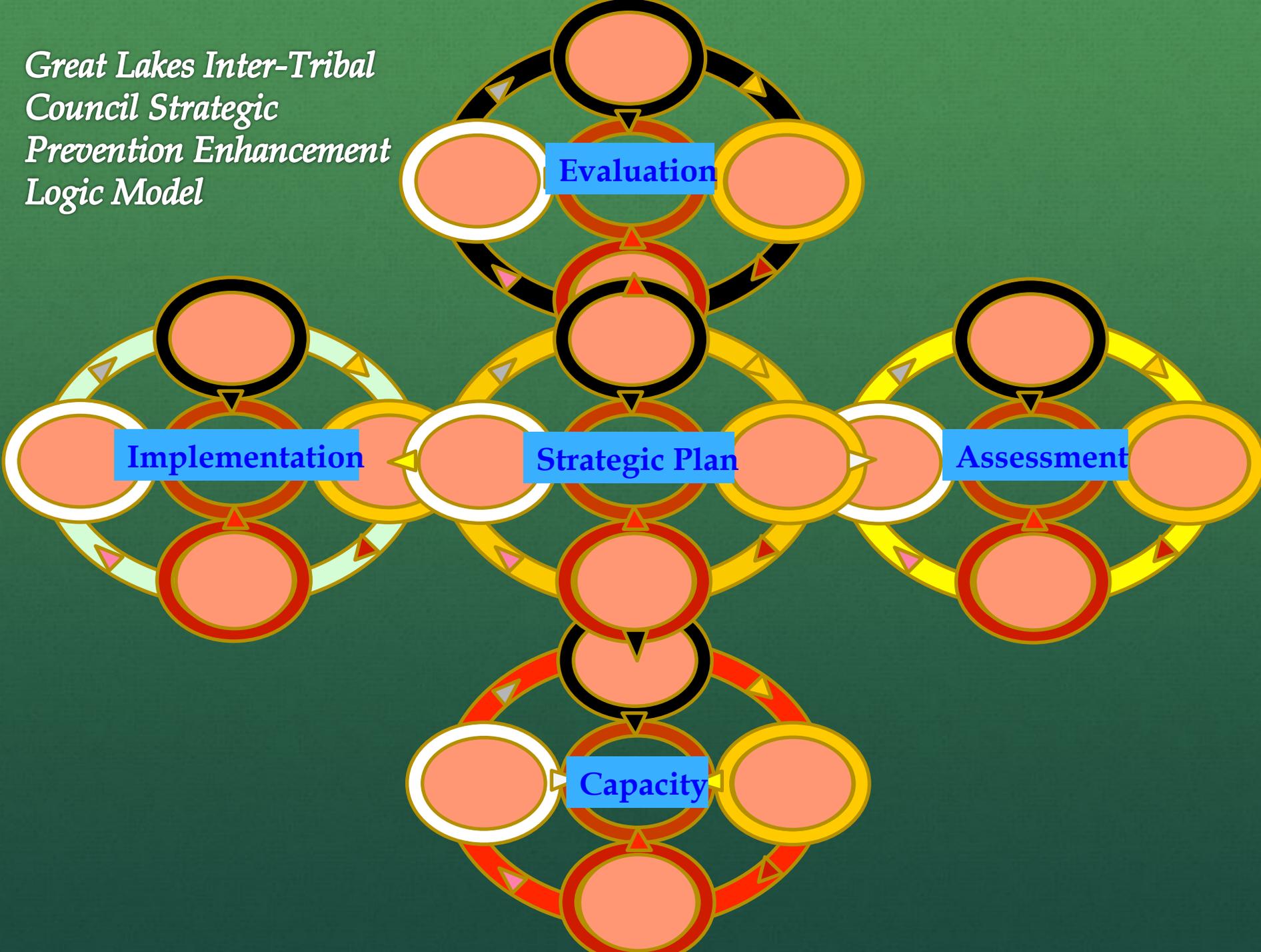
Objective 1: Great Lakes Inter-Tribal Council, Inc. (GLITC) will conduct a systems survey of key stakeholders and others, as appropriate.

	Action Steps	Responsibility	Timeline	Completion
1.1.1	A systems survey will be developed with which to assess systems coordination/collaboration in GLITC member tribes to promote behavioral health, prevent alcohol and other drug abuse (including prescription drugs) and suicide.	Epidemiologist (EPI) with feedback from Project Director (PD), Evaluator, and Consultant	Prior to plan implementation period	12/01/11
1.1.2	Systems Survey will be piloted with the SPE Policy Consortium (PC).	EPI	Prior to implementation period	12/15/11
1.1.3	Edit Systems Survey.	EPI with feedback from PD, Evaluator, and Consultant	Prior to implementation period	3/29/12
1.1.4	Systems Survey will be administered to key stakeholders.	EPI, PD, and GLITC Deputy Director	Prior to implementation period	4/12/12
1.1.5	Analysis of Systems Survey.	EPI /Great Lakes Inter-Tribal Council Epidemiology Center (GLITEC) /Evaluator	Prior to implementation period	5/31/12
1.1.6	Re-administer and analyze systems survey.	GLITEC	Intermediate-term (12 to 36 months)	
1.1.7	Re-administer and analyze systems survey.	GLITEC	Long-term (36 months or more)	

GLITC SPE Overall Logic Model

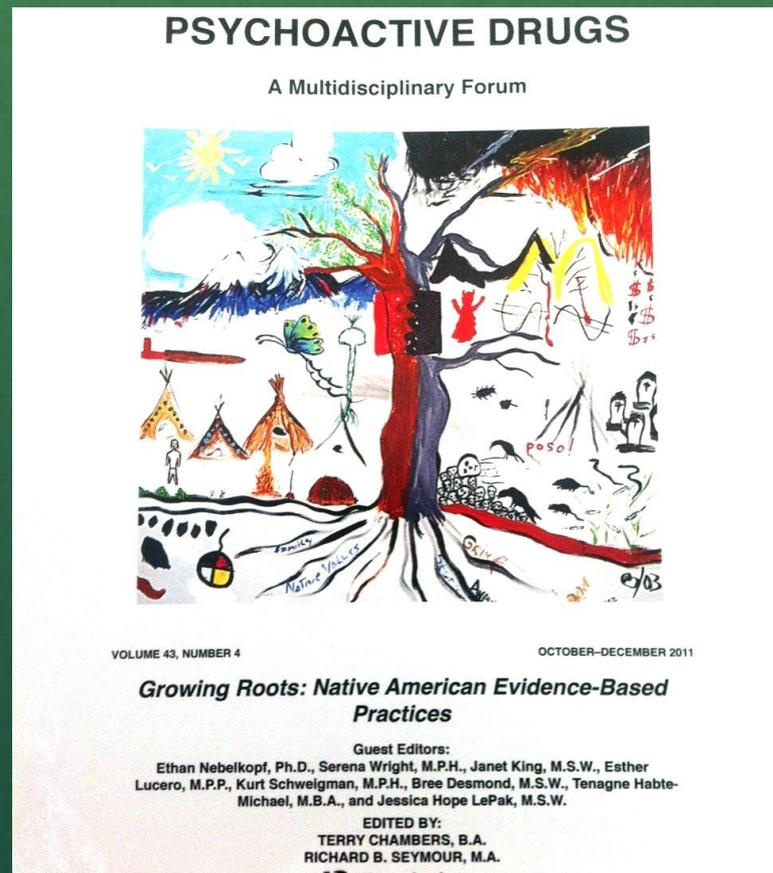


*Great Lakes Inter-Tribal
Council Strategic
Prevention Enhancement
Logic Model*



Journal of Psychoactive Drugs: A Multidisciplinary Forum

- Volume 42, No. 4, Oct.-Dec. 2011
- Guest editors from the NAHC
- Topics include:
 - Response to the Evidence-Based Program mandate,
 - Reclaiming our roots
 - Holistic System of Care
 - Decolonization of EBP System
 - Relevance of cultural activities in identity



Important Links

- Great Lakes Inter-Tribal Council:
 - Strategic Prevention Enhancement (SPE) Strategic Plan: http://www.glitc.org/epicenter/?page_id=77
- Native American Health Center
 - Department of Community Wellness:
<http://www.nativehealth.org/content/publications>
<http://www.nativehealth.org/search/node/digital%20storytelling>
- Nevada Statewide Native American Coalition (SNAC)
 - SNAC Videos: <http://www.itcn-snac.org>
 - Substance Abuse Prevention and Treatment Agency (SAPTA) Statewide Data Project: <http://mhds.nv.gov>

Closing Thoughts

- Next Steps
 - Check out the NACE portal for a lots of information regarding this topic and others
- Understanding the importance of translation
- Replication and “standardization”
 - Look for information regarding Oregon’s approach on the NACE website. There is also an article in the Journal discussed describing it.
- Perseverance and resiliency
- Keep telling the stories
- **CULTURE IS PREVENTION!**



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