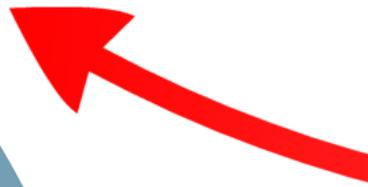






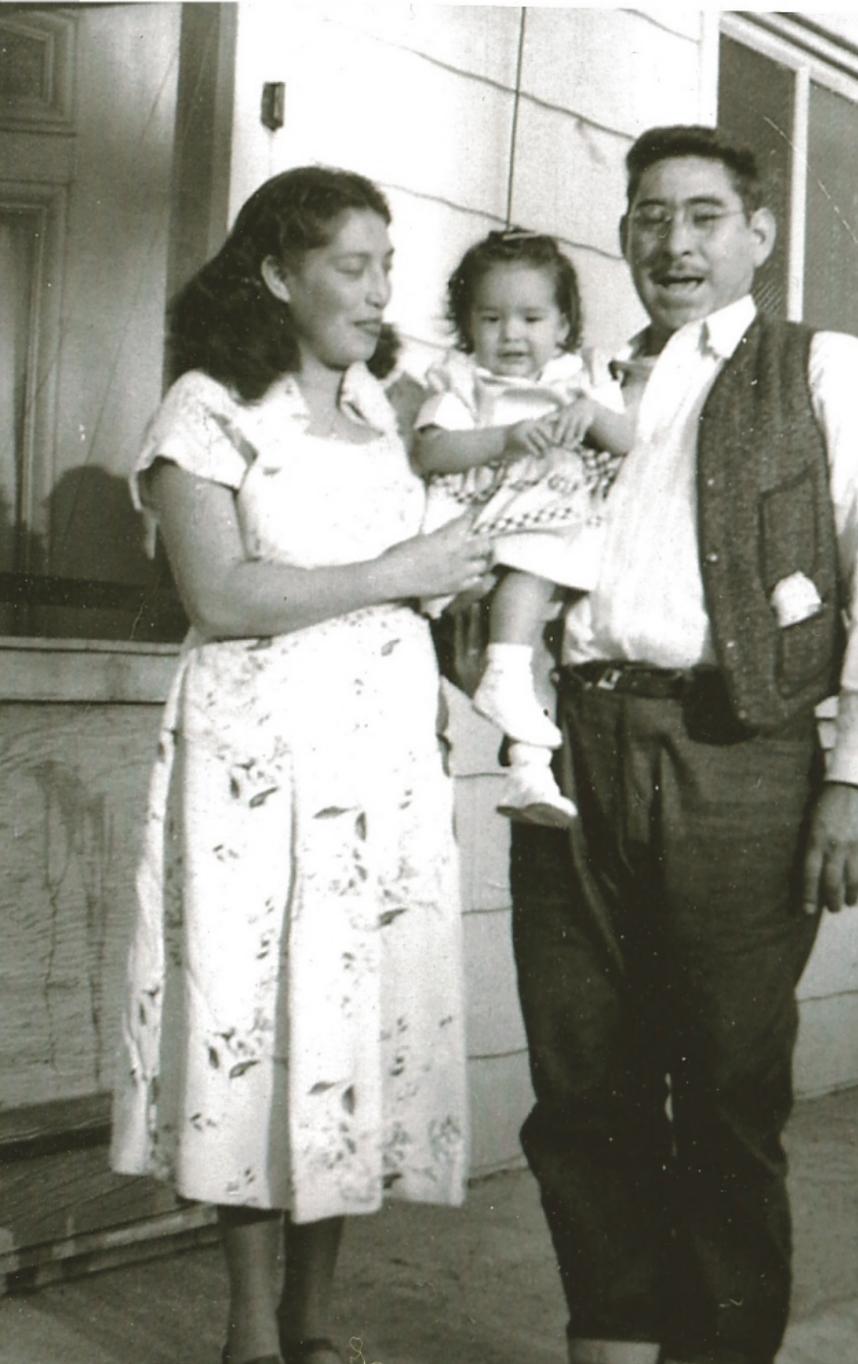
Everyone is of Value in the Community Healing Process





Belonging

BELONGING



- Songs and Dances
- Traditional Values
- Teamwork
- Family
- Creation Stories
- Traditional Knowledge



Mastery



MASTERY

CULTURAL KNOWLEDGE

PERSONAL STORIES

HEALING

EXPLORATION OF
GENERATIONAL PATTERNS

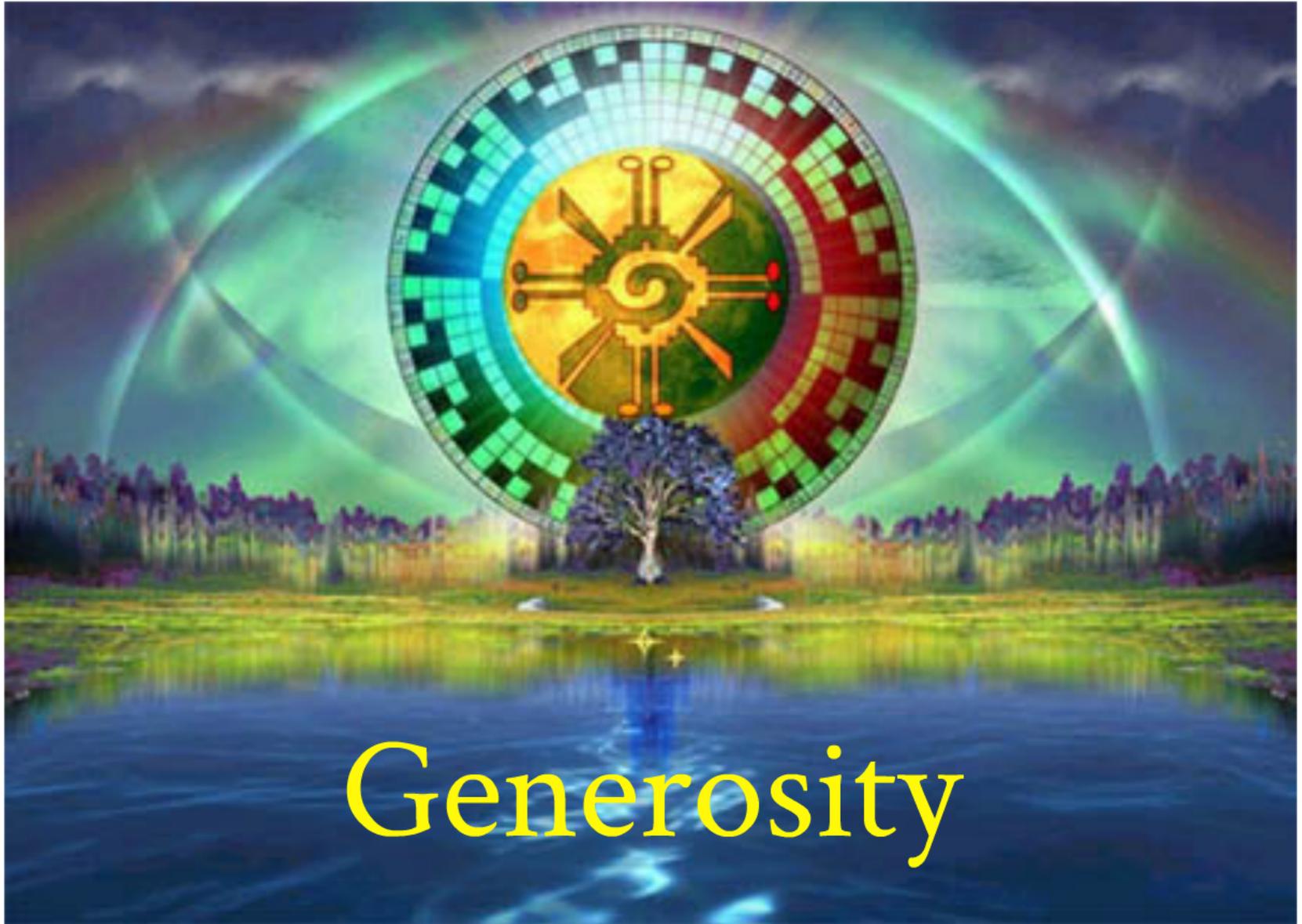


Interdependence

Interdependence

- CEREMONY
- TALKING CIRCLES
- IDENTIFY PROBLEMS
- CREATE SOLUTIONS
- EXPLORING RISILIANCY
- HEALTHY COMMUNITY VISION





Generosity

Giving back to Community

Commitment to TEAM
THROUGH TRADITIONAL ACTIVITIES

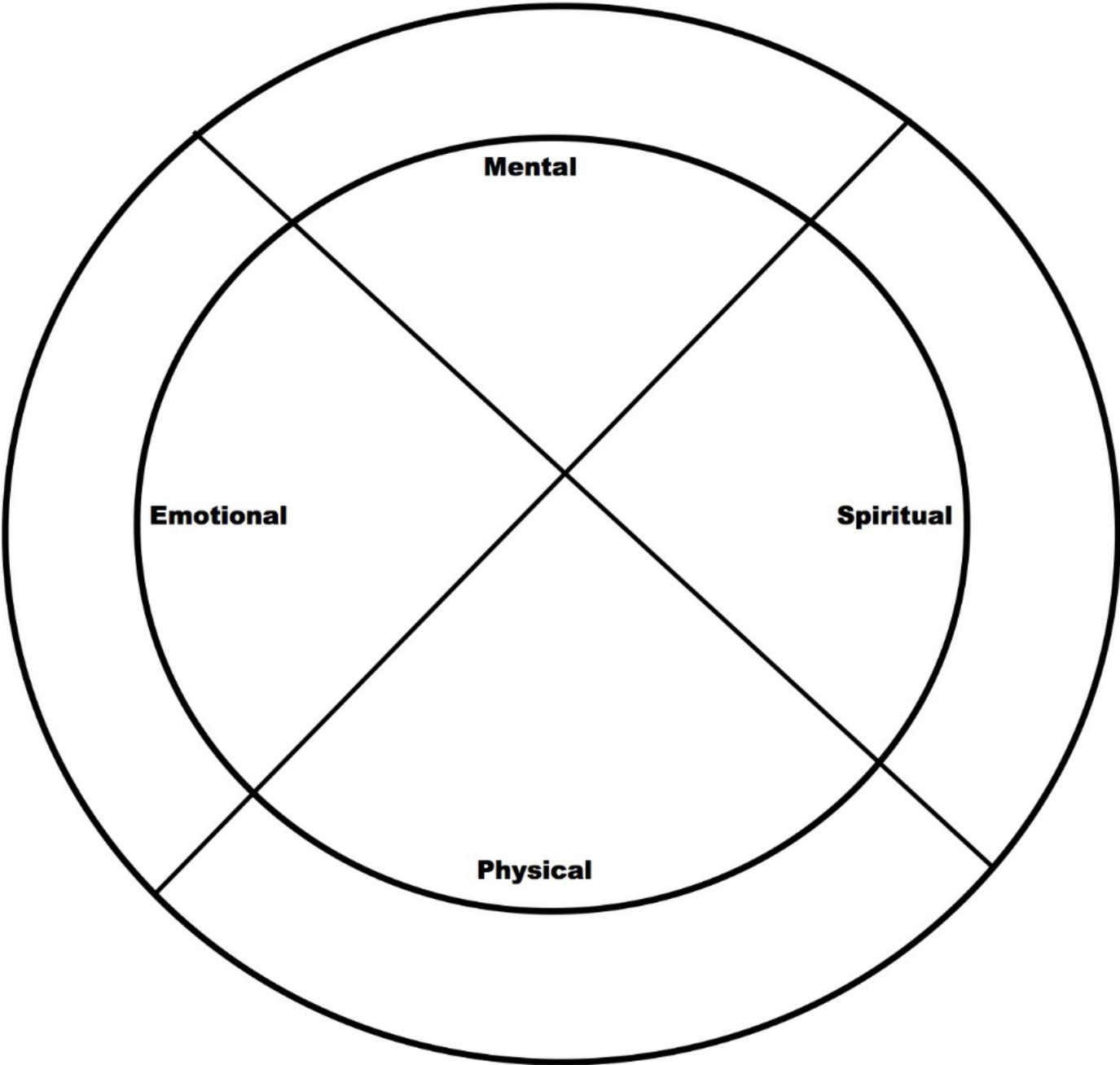
Action Planning

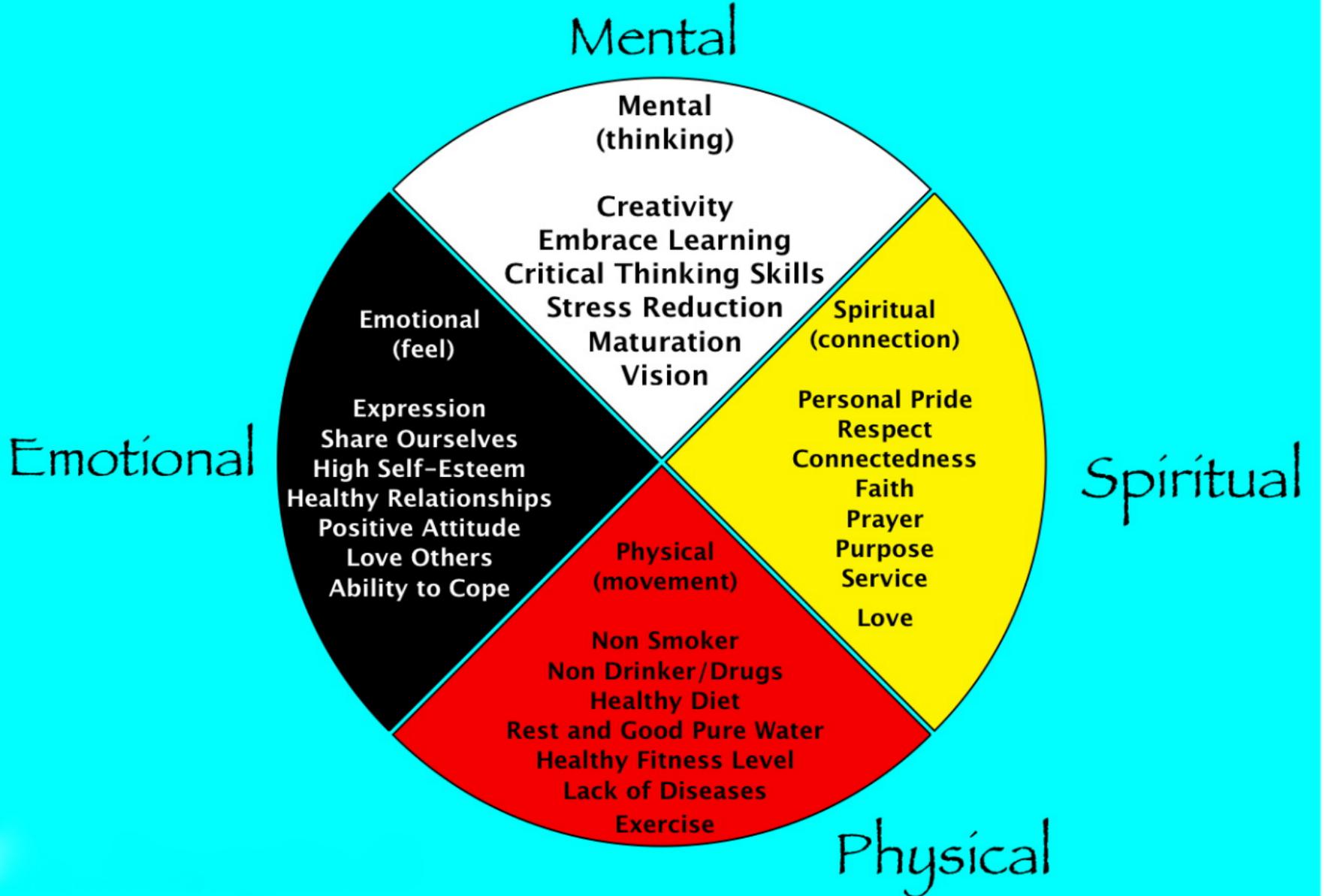
Ceremonial "Give-Away"



"Generosity"

**In the inner circle, in each direction, write about your strengths.
In the outer circle note areas that may need improvement.**

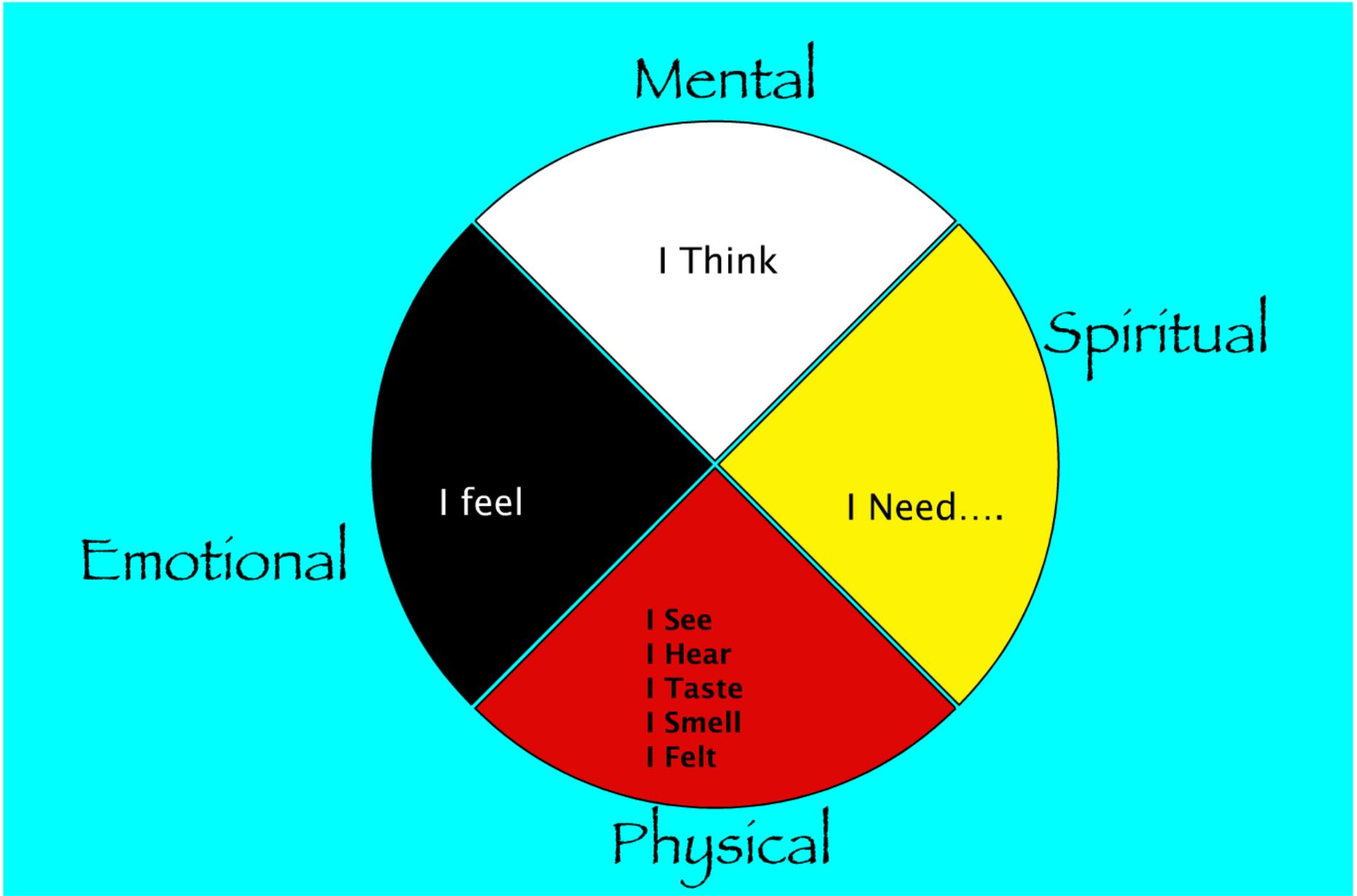




Belmont Process

- What did you Hear?
- What did you See?
- What did you Feel?
- What did you Think?







Medicine Wheel Conflict Resolution

We start at Physical, here we report how and what we experienced

- I saw you take my money.
- It hurt when you hit me.

In Emotional we state how it made us feel.

- I was disappointed when you took the money
- I was afraid when you hit me

In Mental we say what it made us think.

- It makes me think that you don't understand how hard I work for my money.
- It makes me think that you feel its O.K. treat each other this way

In Spiritual we speak to what we need to happen.

The word need is used as opposed to want because it raised to a level of importance.

- I need you to replace the money.
- I need you to say what you are feeling and not hit people



**Medicine Wheel
Conflict Resolution**

Belonging Mastery Interdependence Generosity



TIIN'AWITKI

GATHERING OF NATIVE AMERICANS



BILL & MELINDA GATES foundation

SAMHSA

ATOMIC
508-585-2886

ED.gov



THANK YOU FOR BEING A PART OF THE GONA LEARNING COMMUNITY!

GONA LEARNING COMMUNITY FACILITATORS:

Maria Trevizo, Wellness Education Specialist: cedarcircle@earthlink.net
Seprieono Locario, NACETTA Coordinator: Seprieono.Locario@kauffmaninc.com

SAMHSA's Native American Center for Excellence (NACE):

<http://nace.samhsa.gov>

CDR Josefine Haynes-Battle, NACE COR; josefine.haynes-battle@samhsa.hhs.gov
Nelia Nadal, NACE Alternate COR; nelia.nadal@samhsa.hhs.gov
AJ Ernst, Ph.D., NACE Project Director; aernst@avarconsulting.com

Within 1 hour following this Webinar you will receive an email from "[gotowebinar](#)" with a request for your participation in a brief survey.

Please take a moment to complete and submit the evaluation. **THANK YOU!**

