



Johns Hopkins Center for American Indian Health

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Family Spirit Cost Sheet

Johns Hopkins receives dozens of requests from tribes each year seeking to replicate the **Family Spirit Program**. We are committed to supporting these requests and are seeking appropriate resources and partnerships to extend **Family Spirit** services to tribes who desire it. Below are the estimated costs for obtaining the **Family Spirit** curricular sets and receiving training on the curriculum, as well as the estimated costs for implementing the **Family Spirit Program** with families.

Initial Cost for Family Spirit Curricular Sets and Training

In our experience disseminating and evaluating **Family Spirit**, we've learned that the power of the program lies in the training and capacity building of staff to effectively deliver **Family Spirit**. It is a unique curriculum that cannot be self-taught, and we therefore cannot disseminate the curricular sets without providing thorough training.

Item	Description	Cost
Printing and Packaging of Curricular Set*	Each set consists of 48 illustrated flip chart lessons printed in color on cardstock. Each lesson has a training manual, reference manual, and bibliography. Each set also has an evaluation packet with recommended process and outcome measures. It is recommended that each home visitor has their own curricular set.	\$550 per set
Training, Consultation and Technical Assistance	Training: One five-day on-site training provides comprehensive training on curriculum content and implementation. Each trainee will receive certification from Johns Hopkins in the Family Spirit Program . Consultation and Technical Assistance: Johns Hopkins trainers will meet with the program before the training to understand the program structure and needs. The training will be tailored specifically to the program. Johns Hopkins trainers will also meet with the program after the training to provide technical assistance on program implementation and strategize program sustainability.	\$14,400
Administrative Costs	This includes costs incurred by Johns Hopkins for training supplies, photocopies, and phone and internet services.	\$1,200
Additional Costs	Travel costs for the trainers are dependent upon location of the program site. Additional consultation and technical assistance is available on topics such as evaluation design, data management and analysis, and quality assurance.	Dependent on Program

* The costs are based on Part I of the **Family Spirit** curriculum (28 weeks gestation through child's 1st birthday). Part II (child's 1st through 2nd birthday) and Part III (child's 2nd through 3rd birthday) of the curriculum will be available for dissemination in fall 2012.

Cost for Implementing Family Spirit

While each program will have unique costs specific to their program design and setting, below is a list of the expenses to consider in order to effectively implement **Family Spirit** as a home visiting program.

Item	Description	Cost
Personnel	Home Visitor: One full-time home visitor is needed for every 25 families served. Positive impact has been found with local paraprofessional home visitors. Supervisor: One full-time supervisor is needed for every 3 home visitors. The supervisor should have graduate level education and work experience in public health, nursing, or a related field. Additional personnel may be needed depending on the scope of the program and evaluation.	~ \$35,000/year plus fringe for each home visitor ~ \$55,000/year plus fringe for each supervisor
Transportation Costs	Each home visitor needs access to a program vehicle to travel to home visits and transporting participants as needed, or travel costs in personal vehicles will need to be reimbursed.	~ \$7,500/year for lease, insurance, registration, gas, repairs
Other Expenses	Other expenses may include: computer, printer, internet and phone access, office space, office supplies, photocopies, recruitment and marketing materials, incentives/rewards for participants (recommendation: \$100 per participant, or more if there is a rigorous evaluation), props or supplies for lessons (recommendation: \$300 per home visitor).	Dependent on Program